

Female Wave of Change
Global Conference
Nairobi – Kenya
September 17 – 18
Day 1

*‘Empowering Generations
To Elevate Humanity’*

*Unleash your Potential through
Authentic Feminine Leadership*

Our Mission:
Creating a better world for all
a more connected, more conscious,
more sustainable and more humane world.

IN COLLABORATION WITH



PART 1: OPENING SETTING THE WAVE IN MOTION

9:00



MC: Mellany Msengezi

*A marketing strategist,
brand builder, and
tech - skilling advocate*

Ingun Bol-de Bock

*FWOC Founder
President AI
Founder Wize Move Society*



Jane Anyango

*FWOC Global Ambassador
Chairperson Conference
Executive Director
Polycom Girls*

Keynote speaker



‘Lessons from Women’s Global Leadership’ - Dr. Musimbi Kanyoro



Dr Musimbi has served as a Women’s Human Rights activist on Boards and Special missions of Multilateral organizations including United Nations (UN) World Health Organizations (WHO) , UNAIDS, the World Bank.
She is a published author.

First non-white General Secretary of the World YWCA First African President and CEO of the Global Fund for Women.
Current Board Chair of the United World Colleges,
Member of the Council of London School of Economics.

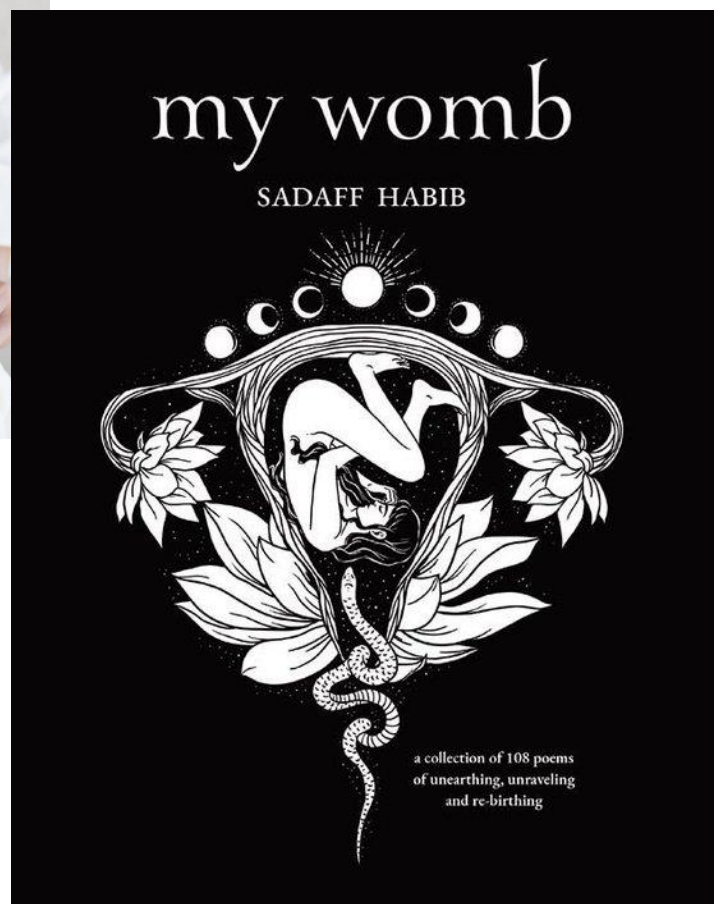
Dr Musimbi Kanyoro worked as an expatriate based in Europe and USA between 1986-2020.

African Sunrise Performance



Sadaff Habib
Independent Arbitrator
Unapologetic Poet

*‘There is no Substitute for the
Poetry of Nature’*



Panel: Elevating Humanity, what does it actually mean?

9:45



Theme: *Human-Centred, Compassionate and
Conscious Leadership*

MC: *Mellany Msengezi and Joy Mwangi*

Dr Juliah Chege

*National vice chairperson of
the democratic party of Kenya
FWOC Circle of Wisdom*



Heleniq Argyrou

*Clinical psychologist
Peak Performance Strategist
FWOC Ambassador Cyprus*

Panel: Elevating Humanity, what does it actually mean?

9:45



Josephine Ndirias

*Director Mukogodo Girls
Empowerment Program
Addressing gender-based
violence and fights FGM*

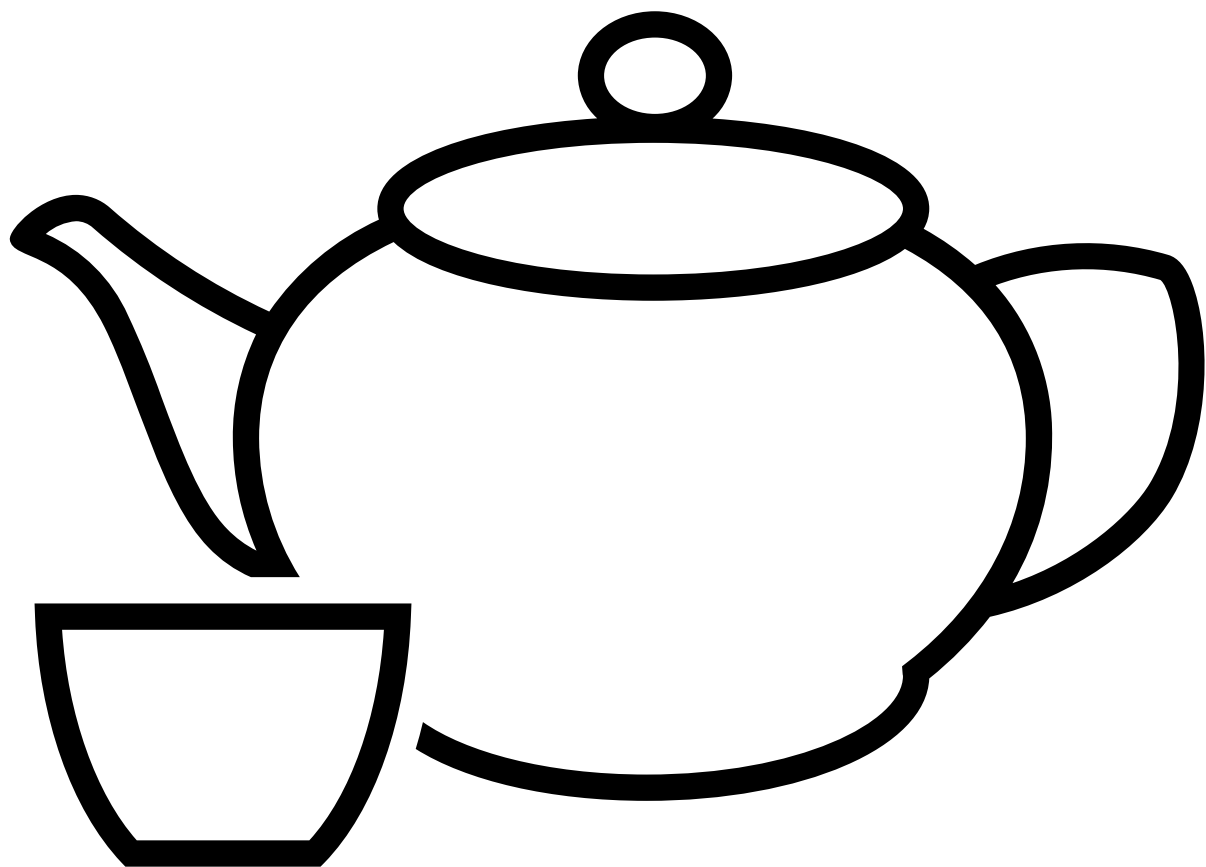


Dr. Yasmeen Qazi

*Medical Doctor
Family Planning &
Reproductive Health Expert
CEO, QZ Catalyst
FWOC Ambassador Pakistan*

Tea Break and Networking

10:25 – 10:50



Fireside Conversations: Why humanity needs Feminine Leadership?

10:50



Theme: *The Global Call for a Different Kind of Leadership*

MC: *Mellany Msengezi*

Dr Celine Pina Shemo

*CEO VGI Mental Health
Founder Oneness with Dr Celina
FWOC Circle of Wisdom*



Ruth de Wit – van der Ploeg

*Missionary bush-pilot
Head of Safety Mission Aviation
Fellowship (MAF) Kenya
Former First Officer B777 and B787*

Dr Thandiwe Gama

*Industrial Psychologist
Executive Coach
FWOC Circle of Wisdom*



Generations Rising – Building a Leadership Pipeline across Time?

11:30



Theme: *Intergenerational Collaboration;
Mentorship and Legacy*

MC: *Ingun Bol*

Bonnie Fatio

*Founder Inspired Women Lead
Founder Age Esteem
FWOC Global Ambassador*



Richard Waindi

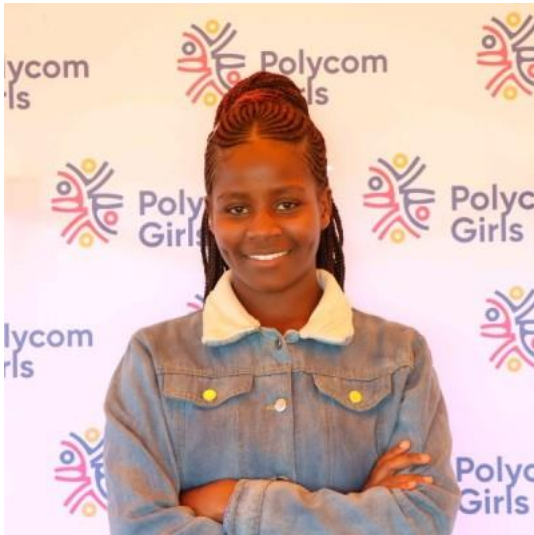
*Founder and
CEO AgeWatch Africa
a nonprofit social enterprise
that works with rural seniors
to ensure graceful ageing*

Generations Rising – Building a Leadership Pipeline across Time?

11:30



Starcy Akinyl



*President Polycom Girls
Uses technology as a
tool for social impact*

Wendy Aura

*Founder Young Women
Leaders Connect YWLC
Girls and Young women deserve:
Voice, Opportunity, and
Representation*



Jane Anyango

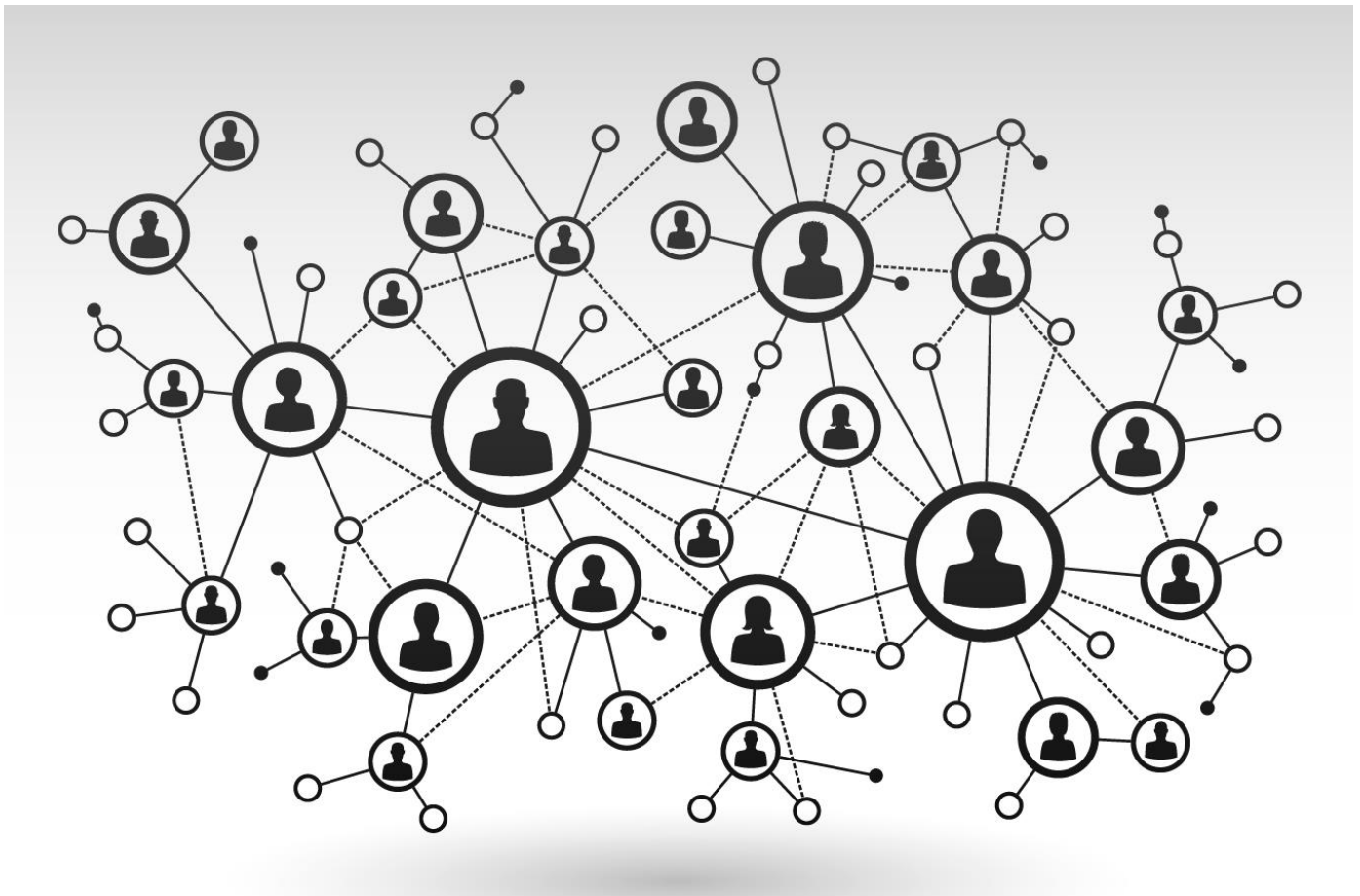
*FWOC Global Ambassador
Chairperson Conference
Executive Director
Polycom Girls*

Mentoring Talks

12.20 – 13.00



The speakers will be rotating between the smaller groups. Speakers and participants will exchange key challenges on the topics discussed.



Networking Lunch

13.00 – 14.00



Beyond Grants Unlocking Sustainable Funding for African NGO's

14.00



Kia Croom

*The Non-Profit Fundraising Badazz
Kia Croom Fundraising and Philanthropy, Inc*

Part 4: Authentic Feminine Leadership

14.15

Theme: *Leading from the Inside Out – The Power of Authentic Feminine Leadership*
Authenticity – Courage – Vulnerability - Purpose

MC: *Mellany Msengezi*



Maureen Kaderi



Founder Rehema House, a Christian nonprofit organisation, which rescues young, poor, pregnant girls from the streets and slums of Kenya



Mary Were Opot

*Founder and Exec Director
Winam Grassroots:
climate change advocate promoting
environmental awareness and youth
engagement*

Part 4: Authentic Feminine Leadership

14.15



Theme: *Leading from the Inside Out – The Power of Authentic Feminine Leadership*

Dr Lumka Maneli

*FWOC Honorary boardmember
Leading Women Leading in Change
Occupational Health and
Wellness consultant*



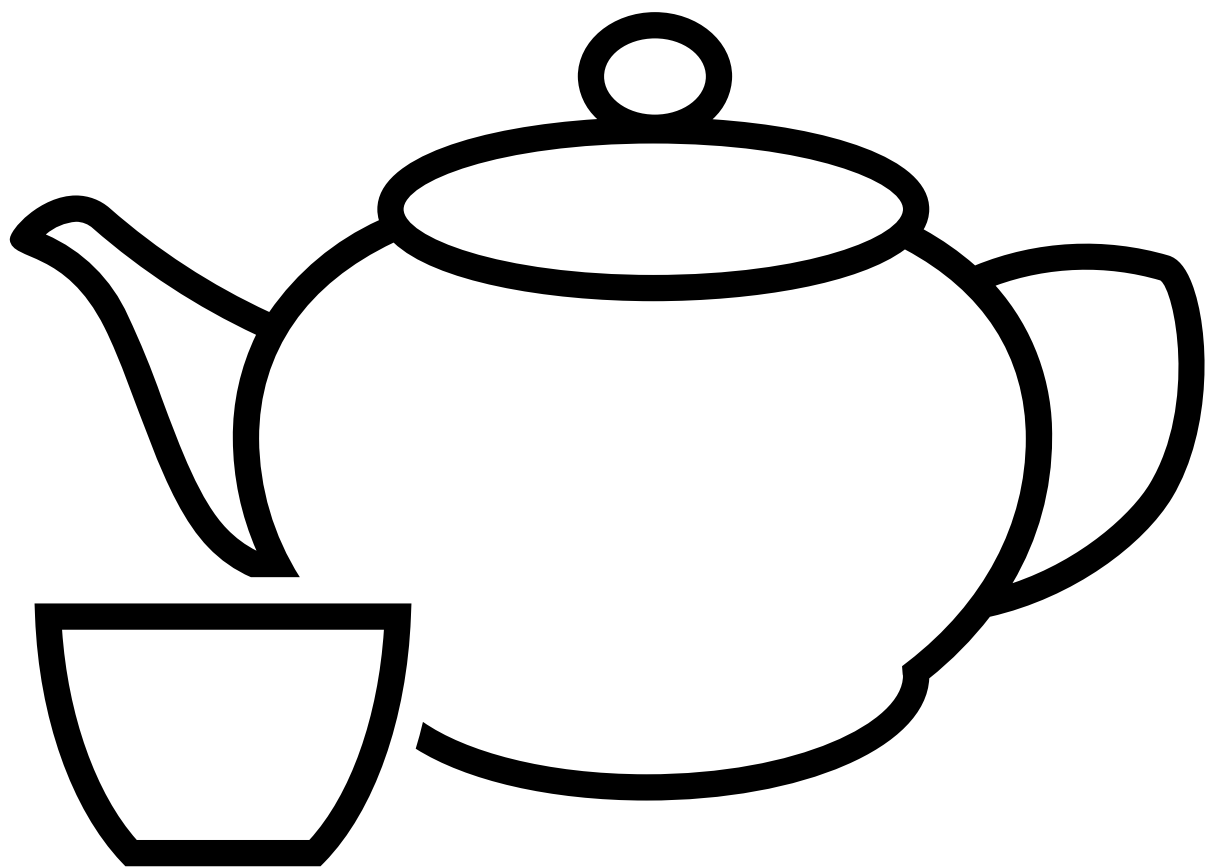
Ingun Bol-de Bock

*Founder FWOC
AI president
Founder and CEO Wize Move Society*

Afternoon
Inspiration Break
15.00 – 15.30



Tea Blending Session: Kia Croom



Keynote speaker

15.30



‘Diversity in Unconventional Spaces’

- Annette Kimitei



Managing Director Senaca, KEPSA
She has strong passion for People, Strategy,
Leadership, Governance and Diversity.
During her tenure as MD, Senaca Ea has
grown from a small local company to a
leading regional security brand

Her personal wake up call is that “Everyday
is another opportunity to create impact”



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Part 4: Leadership in Every Room

15.45

Theme: *Expanding the Definition of Feminine Leadership*

MC: *Mellany Msengezi*

Anorah Sibanda

*Operations Director at
Gainquip Pvt Ltd
Member FWOC Zimbabwe*



Sadaff Habib

*Independent Arbitrator
Unapologetic Poet*

Part 4: Leadership in Every Room

15.30



Theme: *Expanding the Definition of Feminine Leadership*

Pauline Naphazi Mutyanda

Founder Women Inspired Network

Life Coach

Author

Accountant

Member FWOC Zimbabwe



Dr Juliah Chege

*National vice chairperson of
the democratic party of Kenya
FWOC Circle of Wisdom*

Wrap Up

16.15 16.30



**Female Wave of Change
Global Conference
Nairobi – Kenya
September 17 – 18
Day 2**

*‘Empowering Generations
To Elevate Humanity’*

*Unleash your Potential through
Authentic Feminine Leadership*

**From Inspiration to Collective Action
and Global Commitment**

IN COLLABORATION WITH



Morning Awakening

8.30



*A Guided Mindfulness and Movement Session
Setting a Grounded and Purposeful Tone
for Day 2*



Heleniq Argyrou

*Clinical psychologist
Peak Performance Strategist
FWOC Ambassador Cyprus*

Anita Adams

*Founder Joyful Journey
Life Coach
Author
FWOC Ambassador Canada*



Recap and Intentions

09.00 – 09.15



MC: *Mellanny Msengezi*



Part 5: Wellness, Humanity and Inner Leadership



Theme: *The Sustainable Leader - Wellbeing as a Leadership Strategy*

MC: *Mellany Msengezi*

Dr Celine Pina Shemo

*CEO VGI Mental Health
Founder Oneness with Dr Celina
FWOC Circle of Wisdom*



Heleniq Argyrou

*Clinical psychologist
Peak Performance Strategist
FWOC Ambassador Cyprus*

Anita Adams

*Founder Joyful Journey
Life Coach
Author
FWOC Ambassador Canada*



Part 5: Wellness, Humanity and Inner Leadership



Theme: *The Sustainable Leader - Wellbeing as a Leadership Strategy*

Dr Lumka Maneli

*FWOC Honorary boardmember
Leading Women Leading in Change
Occupational Health and
Wellness consultant*



Richard Waindi

*Founder and
CEO AgeWatch Africa
a nonprofit social enterprise
that works with rural seniors
to ensure graceful ageing*



Betty Anyango

*founder Nia Health Community
Based Organisation;
empowers children,
adolescents, and young people
with sickle cell disease
in informal settlements*



Energyser: The Joy Break

10.15 – 10.20



Part 6: Collaboration Across Borders

10.35



Theme: *Borderless Impact – Collaboration, Diversity and Inclusion as Superpowers*

MC: *Mellany Msengezi*

Tebello Mokhema

*FWOC President
Academy Head:
ACSA Aviation Academy*



Bonnie Fatio

*Founder Inspired Women Lead
Founder Age Esteem
FWOC Global Ambassador*

Part 6: Collaboration Across Borders



Theme: *Borderless Impact – Collaboration, Diversity and Inclusion as Superpowers*

Dr. Yasmeen Qazi

*Medical Doctor
Family Planning &
Reproductive Health Expert
CEO, QZ Catalyst
FWOC Ambassador Pakistan*



Joy Mwangi

*Exec Director Vintage Dreams
Africa Development Initiatives
Strategic gender and
social impact practitioner
FWOC Conference Event planner*

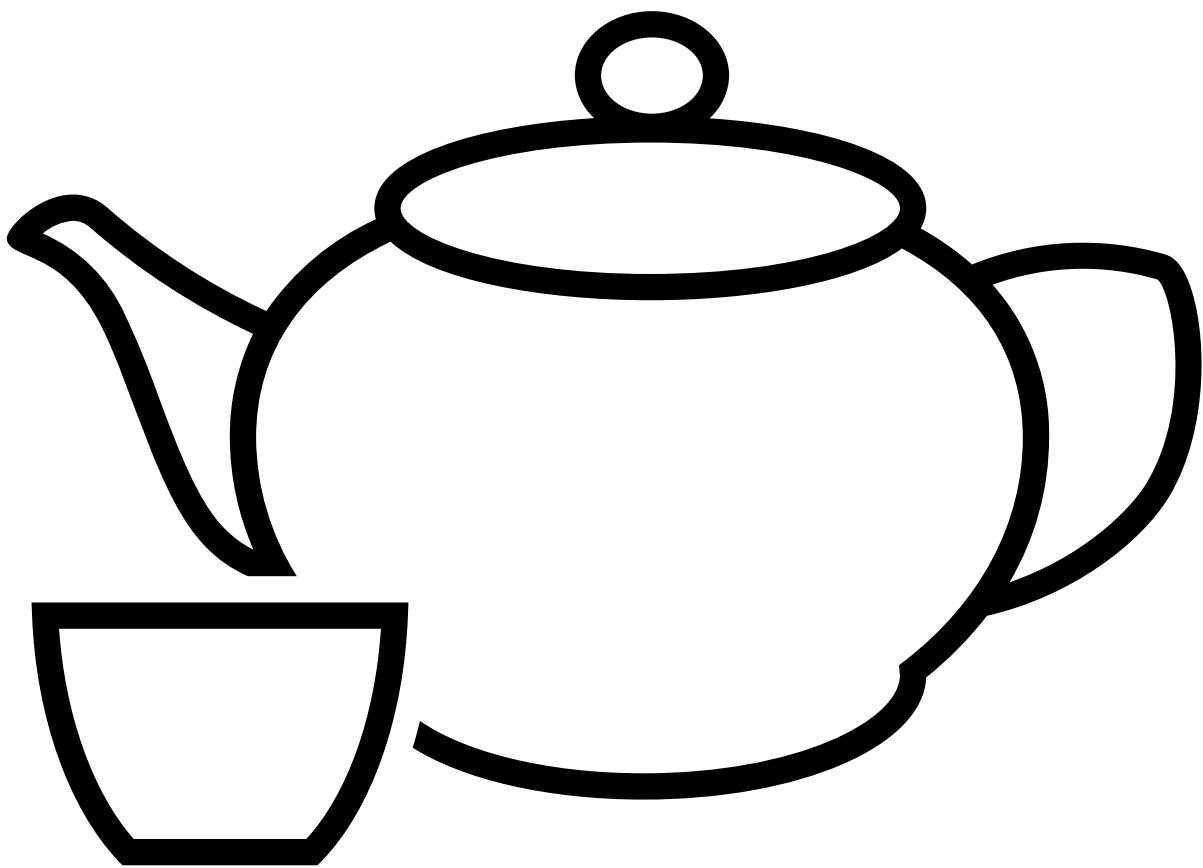
Tea Break

10.50 – 11.15



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Choose Your Innovation Lab

Part 7: Innovation Lab

11.15 – 11.55



Theme: *Co- Creating the Future*

Lead Innovation Facilitator: *Ingun Bol-de Bock*

Lab 1: Collaboration

Lab Leader: ...

*Building cross-border sisterhood:
practical partnership models for women leaders
to co-create impact across sectors and
countries*

Lab 2: Leadership

Lab Leader: ...

*Leading authentically in every room: turning
feminine leadership values, courage,
compassion, and vulnerability into everyday
practice at work, home, and in public life*

Part 7: Innovation Lab

11.15 – 11.55



Theme: *Co- Creating the Future*

Lead Innovation Facilitator: *Ingun Bol-de Bock*

Lab 3: Youth

Lab Leader: ...

Closing the Generational Gap: Creating real mentorship pipelines that hand leadership, knowledge, and opportunity from experienced women to emerging ones.

Lab 4: Health

Lab Leader: ...

Wellbeing as Leadership Strategy; Designing sustainable self-care and mental health practices that keep women leaders whole while they lead

Innovation Gallery Walk

11.55



Theme: *Co- Creating the Future*

Lead Innovation Facilitator: *Ingun Bol-de Bock*

- *Labs present their BIG ideas around the room and on the terrace*
- *Participants browse and vote for their favorite breakthrough ideas*

Impact Lunch

13.00 – 14.00



Lunch Table Themes:

- *Climate*
- *Health*
- *Education*
- *Entrepreneurship*
- *Technology*
- *Arts & Culture*

Each Table Co-Creates ONE Bold Idea



Part 8: The Grand Call to Action

14.00 – 15.00



Theme:

**Individual Action +
Collective Power +
Global Commitment**

MC: *Ingun Bol – De Bock*

Closing Keynote Speaker:
Tebello Mokhema
President FWOC



Closing Remarks

15.00 – 15.30



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Conference MC:
Mellany Msengezi

FWOC Founder:
Ingun Bol-de Bock

FWOC President:
Tebello Mokhema

FWOC Conference Chair
Jane Anyango



Female Wave of Change Awards Dinner

17.00 – 20.00



**An African Inspired Evening of Leadership,
Culture and Purpose**

With:

African Art Experience

Dinner

Leadership Awards Ceremony

Official Gratitude Ceremony Board members and
President

Call to Action

Announcement FWOC Global Conference 2028

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