



FEMALE WAVE OF CHANGE

GLOBAL CONFERENCE 2026

THEME

**“Empowering Generations to Elevate Humanity:
Unleash Your Potential through Authentic Feminine Leadership”**

17 - 18 September 2026

Hillpark Hotel, located on Lower Hill Road, Upper Hill
Nairobi, Kenya

OUR MISSION

Creating a better world for all – a more connected, more
conscious, more sustainable, and more humane world.

www.femalewaveofchange.com

Conference Program

DAY 1: THURSDAY, 17 SEPTEMBER 2026

08:00 – 09:00

Registration & Welcome Experience

Arrival, badge collection, networking café, and welcome music by Kenyan artist

PART 1: OPENING THE GLOBAL THEME

09:00 09:35

Conference Opening Setting the Wave in Motion

Theme: Empowering Generations to Elevate Humanity

Purpose: To open the conference with intention, ground participants in the theme, and establish the emotional and intellectual arc of the two days ahead.

09:35 – 9:45

African Sunrise Performance

09:45 - 10:30

Elevating Humanity What Does It Actually Mean? (story telling panel)

Theme: Human-Centred, Compassionate and Conscious Leadership

Purpose: To define 'Elevating Humanity' through real-world leadership examples across business, policy, community and technology. To explore how compassion, sustainability, ethics, and collective responsibility manifest in leadership practice.

10:30 – 10:50

Networking & Tea Break

PART 2: AUTHENTIC FEMININE LEADERSHIP

10:50 12:30

Why Humanity Needs Feminine Leadership Now

Theme: The Global Call for a Different Kind of Leadership

Purpose: To frame the global context: the challenges facing humanity and why feminine values compassion, collaboration, consciousness are not optional but essential for survival and flourishing.

12:30 – 13:30

Networking Lunch

PART 3: EMPOWERING GENERATIONS

13:30 14:30	Generations Rising - Building the Leadership Pipeline Across Time Theme: Intergenerational Collaboration, Mentorship and Legacy Purpose: To explore how women at different life stages can support, elevate, and learn from each other. To celebrate youth leadership, share mentorship stories, and ignite intergenerational partnerships.
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14:30 – 14:50	Mentor Speed Networking
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PART 4: AUTHENTIC FEMININE LEADERSHIP

14:50 16:00	Leading from the Inside Out - The Power of Authentic Feminine Leadership Theme: Authenticity, Courage, Vulnerability and Purpose Purpose: To define authentic feminine leadership in action. To give women permission to lead as themselves not in imitation of others and to explore vulnerability, courage, and purpose as leadership superpowers.
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16:00 – 16:20	Afternoon Inspiration Break Live acoustic performance by a Kenyan woman musician followed by reflective journaling prompt for participants
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16:20 17:30	Leadership in Every Room - Business, Government, Community, Family and Technology Theme: Expanding the Definition of Feminine Leadership Purpose: To show that authentic feminine leadership is not limited to a stage or a boardroom it lives in schools, homes, startups, parliaments, and platforms. To celebrate diverse expressions of leadership and inspire participants across all sectors.
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EVENING EXPERIENCE - THE FEMININE WAVE CELEBRATION

Thursday Evening | 18:00 – 22:00 |

An African-Inspired Evening of Leadership, Culture and Purpose

The evening is designed as an immersive cultural experience that celebrates African feminine wisdom, honors leadership across generations, and creates deep human connection.

Programme Highlights:

- Welcome drinks & curated African art exhibition by women artists
- FWOC Leadership Awards Ceremony: Celebrating global changemakers
- Cultural performance: Women's drumming circle and traditional East African dance
- Storytelling by fire: Three women leaders share legacy stories
- Musical storytelling: Live performance weaving African rhythms with global themes
- Purpose Networking: Guided connection exercise 'Find your wave partner'

Dress code: African elegance- wear your continent with pride.

DAY 2: FRIDAY, 18 SEPTEMBER 2026

Day 2 Narrative: From Inspiration to Collective Action and Global Commitment

08:30 – 09:00

Morning Awakening Experience

Guided mindfulness and movement session led by a wellness facilitator setting a grounded, purposeful tone for Day 2

09:00 – 09:15

Day 1 Recap & Intentions

Brief plenary recap of Day 1 key insights. Participants share one word or intention for Day 2 via live digital wall (Link to be shared)

PART 5: WELLNESS, HUMANITY AND INNER LEADERSHIP

09:15 10:35

The Sustainable Leader - Wellbeing as a Leadership Strategy

Theme: Mental, Physical and Spiritual Wellbeing for Leaders

Purpose: To open Day 2 with an honest, embodied conversation about the personal cost of leadership and the essential role of wellness in sustaining impact. To give women practical tools for sustainable, purposeful leadership.

10:35 – 10:45

Energizer: The Joy Break

Inspirational dance experience facilitated by an African dance artist - the entire room moves together

PART 6: COLLABORATION ACROSS BORDERS

10:45 12:00

Borderless Impact - Collaboration, Diversity and Inclusion as Superpowers

Theme: Diversity, Equity, Inclusion and Global Partnership

Purpose: To explore how diverse coalitions of women are creating measurable change across borders. To share models of successful collaboration and identify new partnership opportunities among participants.

12:00 – 13:00

Impact Lunch - Sector Tables

Themed lunch tables by sector: climate, health, education, entrepreneurship, technology, arts & culture. Each table co-creates one bold idea.

PART 7: INNOVATION LAB - CO-CREATING THE FUTURE

13:00 14:30

Future Humanity Lab - Women Co-Creating Solutions

Theme: AI, Climate, Education, Economic Empowerment, Youth and Sustainable Communities

Purpose: The most energizing and action-oriented segment of the conference. Participants move out of listening mode and into co-creation mode designing real solutions to real challenges.

14:30 – 14:50

Innovation Gallery Walk

Labs present their big ideas on poster boards around the room. Participants browse and vote for their favorite breakthrough idea.

PART 8: THE GRAND CALL TO ACTION

14:50 - 16:30

Rise as One - Our Commitment to Humanity

Theme: Individual Action + Collective Power + Global Commitment

Purpose: The emotional and strategic climax of the conference. This session transforms inspiration into binding commitment. Every participant leaves knowing exactly what they will do next alone, in partnership, and as part of the FWOC global community.

The Symbolic Closing Ceremony - The Humanity Wave

The Humanity Wave Ceremony

Every participant receives a small candle. The room is dimmed. Beginning with the FWOC Founder, each person lights the next person's candle symbolising the wave of change moving from person to person, generation to generation, continent to continent. As each candle is lit, participants speak aloud their one commitment.

The Future Wall: Every participant signs their name on a giant FWOC 'Future Wall' a physical installation that travels to future FWOC conferences as a living record of commitment.

Collective Declaration: The room speaks aloud the FWOC Humanity Pledge in unison a moment of shared purpose and global belonging.

16:30 – 16:45

Closing Performance

A powerful musical storytelling performance by a Kenyan woman artist the final emotional note of the conference

16:45 - 17:00

Closing Remarks and Certificate Ceremony

Theme: Celebration and Gratitude

Purpose: To formally close the conference with gratitude, celebration, and a final charge to the global community.

Format: Closing Addresses + Certificate Presentation

Moderator: Conference MC

Speakers: FWOC Founder | FWOC President | Conference Chair

Outcomes: Participants leave celebrated, certified, and charged with purpose.

17:00 – 18:30

Farewell Cocktail Reception

Open networking with live background music. FWOC membership and chapter registration desks open. Future conference announcement.